

Camas Lacrosse

Code of Conduct 2019

This Code of Conduct includes written rules and regulations established for student athletes competing in the Camas Lacrosse High School Club Program and parents. Being a student athlete for the Camas High School Lacrosse Club is a privilege. By signing this agreement, you agree to respect and honor the game of lacrosse, your family and your community.

To have a successful team, certain rules and regulations must be adhered to and understood by all. All players, parents, and coaches bear the responsibility for working together to help make Camas Lacrosse a successful experience for everyone involved. All players will be given a copy of this Code of Conduct, and they shall agree, in writing, to conduct themselves in accordance with the Code.

Team members shall, at all times, behave in a manner that conveys the utmost respect for all individuals both on and off the field. Players must conduct themselves with personal integrity and honesty. Any action or behavior requiring formal discipline outside of the club will be reviewed as a violation of the Code of Conduct.

Section 1: Player Registration/Physical Examination

All players must submit an emergency form and a current physical prior to participating with the Camas High School Lacrosse Club.

Section 2: Insurance

All players must be members of US Lacrosse and provide their US Lacrosse number before participating with the Camas High School Lacrosse Club.

Section 3: Recreational Drugs/Paraphernalia and Steroids

The use of tobacco products, alcohol, cannabis, illegal drugs (including anabolic steroids and other performance enhancing drugs), or any controlled substance is prohibited. Any athlete possessing, selling, and/or using tobacco products, alcohol, cannabis, illicit drugs, controlled substances, or drug paraphernalia during the season shall be subject to the following disciplinary actions:

- A. First Violation: Up to a four game suspension with Kangaroo court meeting (Peer reviewed and recommended consequences)
- B. Second Violation: Four game suspension with Kangaroo court meeting.
- C. Third Violation: Player is off the team. Board of Directors to decide future eligibility within the Camas High School Lacrosse Club.

Section 4: Attendance and Punctuality

Participation for scheduled team activities is mandatory and players are expected to attend all practices, team meetings, film sessions, and games. Players must inform **Coach Rule** (cell 360 798 5633) at least 24 hours before scheduled team activity, if there is a scheduled conflict. Failure to do so, and subsequently failing to attend that practice, meeting, film study or game will result in the following:

- A. Unexcused absence of any scheduled team activity during the season will result in missing the 1st period of the next scheduled game as well as a Kangaroo court meeting.

B. Tardy-defined as being late to practice or not fully and/or appropriately dressed at the beginning practice will result in player running a “17” (17-20 yard sprints) before participating in practice. Being tardy to a game will result in missing the 1st period of the next scheduled game and Kangaroo court meeting.

Section 5: General Conduct/Contacting Coaches

Positive Coaching Alliance’s **ROOTS** model for honoring the game – respecting the **R**ules, **O**pponents, **O**fficials, **T**eammates, and **S**elf.

*All players, coaches, parents and fans will strive to uphold **ROOTS**.
Coaches will, first and foremost, strive to model this behavior to players and fans from the sideline, particularly in their interactions with the team, their opponents and officials.*

No fans and/or parents, unless otherwise engaged in score-keeping or game management duties, are allowed on the sidelines during games or practices.

If a player or parent has questions or concerns for the coaching staff, the player is advised to take up their concerns with the coaching staff first. **If parents feel the need to address any issues with the coaching staff, they will be required to wait 24 hours after the most recent game or practice to address the staff and not immediately before a game.**

Section 6: Dress Code (Practice Attire)

Players are required to wear the penny (provided by club) and your game helmet (and full pads) to each practice. Clothing worn must allow you to maximize your ability to move and perform at practice. No game attire for practice.

PLAYER AGREEMENT:

By signing below, I acknowledge that I have read the Camas High School Lacrosse Club Code of Conduct, that I understand its meaning, and agree to abide by the terms state therein as a condition of participation.

Player Name (Print): _____

Player Signature: _____

Date: _____

PARENT AGREEMENT:

I have read and understand the terms of the Camas High School Lacrosse Club Code of Conduct. I agree to assist my son or daughter in following these policies as a condition of participation.

Parent Name (Print): _____

Parent Signature: _____

Date: _____